

# WALK DOWNTOWNLA

A HEALTH WALK + URBAN ADVENTURE

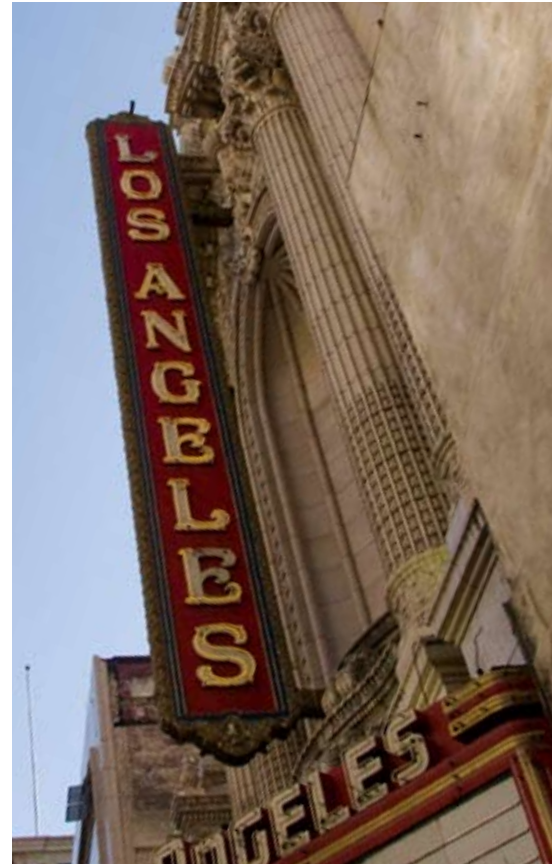
Friday's Beginning August 1, 2008.

5:30 p.m. - Start of Walk    7:30 p.m. - Return to LAAC

Organized by The Los Angeles Athletic Club and Good Samaritan Hospital, participants will attempt to walk every street in Downtown LA. Good Samaritan Hospital and The Los Angeles Athletic Club are partners in this unique event and are committed to creating health and wellness throughout downtown. A portion of the proceeds of this event will go to Good Samaritan Hospital - Emergency Services, a non-profit community hospital serving the downtown community for more than 100 years.

In addition to the health benefits of active walking, participants will have a chance to meet new people, see new places and gain a unique perspective of Downtown Los Angeles. Bring your camera! The participant who takes the best picture along the way will be awarded a prize.

Each walk will begin at 5:30 p.m. on Fridays starting and ending at The Los Angeles Athletic Club located at 431 West 7th Street, Los Angeles, CA 90014.



## Registration Form

For more information [www.walkdowntownla.com](http://www.walkdowntownla.com), (213) 630-5200 or [431@laac.net](mailto:431@laac.net). Fax completed registration form to (213) 625-0126.

\$25 x ..... Participant

(One time participant fee. Each participant must complete a registration form. Includes t-shirt. Circle Size: S M L XL)

\$100 x ..... Sponsor

(Includes logo on website, e-mail, and tracking booklet. Participation fee is additional.)

\$ ..... Optional Donation

(Proceeds go directly to Good Samaritan Hospital Downtown Emergency Services.)

Last Name: ..... First Name: .....

Address: .....

City, State: ..... Zip: .....

Telephone: ..... Fax: ..... E-mail: .....

### Payment Options (please print and check one):

**Credit Card** (Visa, MasterCard, American Express or Diner's Club)

Name: .....

Card Number: ..... Expiration Date: .....

Cardholder signature: .....

**LAAC Membership card #** .....

**Other (Cash, Check, etc) Please make checks payable to "The Los Angeles Athletic Club"**

**Authorization:** "I agree to the above listed charges and terms and conditions of this event."

Signature: ..... Date: .....



# Liability Waiver, Release and Indemnification Agreement

## Please Read Carefully

In consideration of my participation in Walk Downtown LA offered by The Los Angeles Athletic Club ("LAAC") offered on Friday's from August 1, 2008 – October 3, 2008. I agree to the following for myself, my family, heirs, assigns, personal representatives and next of kin:

1. **Assumption of Risk.** My participation in this recreational activity is voluntary. This activity includes walking the streets of Downtown LA. I am aware that this trip involves risks, including, among other things, the risk of serious personal injury, permanent disability or death from various hazards known and unknown, including but not limited to, physical altercations, street conditions, acts of third parties, vehicle collision, city hazards, any incident with homeless people and accident, as well as unforeseen risks, and I freely assume all risks. I also assume all risks related to entering any LAACO ltd or LAAC property including the LAAC clubhouse, its store fronts and parking garage.
2. **Representations.** I represent that I am fit and healthy enough to participate in the activities of this walk, and I will conduct myself safely and abide by instructions of the State of California.
3. **Insurance.** LAAC is not my insurer. I am solely responsible for providing my own health insurance and any other insurance I deem prudent to protect myself.
4. **Release & Indemnity.** **To the fullest extent permitted by law, I waive all claims, forever release and agree to indemnify and hold harmless LAAC and LAACO ltd. (including its owners, affiliates, partners, directors, officers, employees and representatives) and the sponsors of this event from and against all claims, damages, demands, liabilities, losses, suits, costs and expenses including attorney fees, arising from my participation in this walk, and including any active or passive negligence of LAAC or LAACO ltd.**
5. **Time Limit on Claims.** Any lawsuit against LAAC arising from this walk, whether arising in contract, tort or otherwise, must be served upon LAAC within 180 days after the occurrence that gave rise to the suit, or the suit and all causes of action shall be conclusively deemed waived and barred, regardless of any longer period provided under any statute of limitations.
6. **Interpretation.** This Agreement contains all of the understandings between the parties regarding the subject matter hereof; I am not relying upon any promises, representations or inducements not contained herein. The release and indemnity provisions herein are intended to be as broad and comprehensive as permitted by law, but shall not include claims or defenses prohibited by law. The terms of this Agreement shall be interpreted in such a way so as to render them valid whenever possible, and shall not be strictly construed against LAAC. If any part of this Agreement is held invalid, the remainder will continue in full force and effect.

I have carefully read, understand and agree to the above terms and conditions. I acknowledge that this is a binding contract that limits LAAC's liability, among other things, and I sign of my own free will.

\_\_\_\_\_  
Signature

Date: \_\_\_\_\_, 2008

\_\_\_\_\_  
Print Name